



## OUR STORY

The ultimate experience of Sub-Saharan Africa - explore an intimate journey using products encompassing the colours of the earth, the raw textures and unique fragrances created to provide a naturally enriched pampering experience. Kalahari Ancient Desert Secrets uses natural elements that capture the simple goodness that nature has to offer.

Our distinctive Kalahari-inspired treatments bring to light secrets that the people of Africa have known for generations!

Kalahari Ancient Desert Secrets combines unique blends of superior plant oils and phyto-effective extracts to provide quality skincare solutions that restore and nourish your skin. Invigorate your senses with an authentic and indigenous botanical experience that will leave you feeling rejuvenated and energised.

## KALAHARI BODY TREATMENTS

### Desert Glow Body Exfoliation | 45min

Unveil lustrously smooth skin with a personalised blend of the desired Kalahari Exfoliation Medium and a hydrating blend of nourishing botanical oils.

**R350**

### African Cocoon Wrap | 60min

The Kalahari Botanical Clay Mask, a mineral and botanical-based body mask, is a 2-in-1 exfoliator and mask. The antioxidant rich powder base is infused with extracts from Red Bush Tea, providing a natural and refreshing smell. Soft vegetable-based beads enhance gentle exfoliation and stimulate blood circulation.

**R500**



## SIGNATURE PACKAGES

### Botanical Buffet Journey | 90min

Create your own unique body exfoliation experience by combining lingering fragrances from Africa with organic plant extracts, botanical oils and unrefined earth mediums. Choose your distinctive ingredient favourites and fragrances to combine a personal treatment preparation that buffs away all the dull skin and leaves your body soft and nourished.

**R850**

### African Prince/Princess | 120min

This invigorating experience starts with a gentle back cleanse, exfoliation and massage before a soothing Boabab skin treatment. The lifting massage is nature's solution to reactivate the being and bring it into harmony. While the restorative mask is absorbed, enjoy a scalp, foot and hand massage.

**R950**

### Cederberg Serendipity | 180min

Indulge in the best of both worlds. This treatment begins with a stress relieving Kgapa full body massage, to soothe muscle fatigue, followed by a signature anti-aging skin treatment. This package is rounded off with a luscious Hand or Foot treatment with a complimentary glass of bubbly.

**R1400**

## OPEN AIR SPA

### Kagga Kamma Outdoor Couple's Massage | 90min

Made with African Shea butter, sustainable palm oil and soybean extracts, this botanical candle massage will leave your skin ultra-hydrated and nourished. Enjoy a relaxing couple's massage after a deeply spiritual couple's ritual. This experience can be enjoyed at the Main Spa or in the Open Air Spa with views over the fynbos plains. The treatment includes sparkling wine and a fruit platter.

**R1400**

## BODY MASSAGES

### Khoi-Khoi Decadence 30min | R350

Let the stress and worries flow away as tension is massaged from the neck, shoulders and back. The heated stones will release muscle stiffness and leave you relaxed and refreshed.

### Kgapa Massage

A deeply relaxing massage therapy with sun-baked calabashes from the Kalahari Desert. The gentle round body of the calabash releases muscle stiffness in your back and body and will have a deeply relaxing effect on the body and mind.

**Full Body**  
75min | R650

**Back**  
45min | R450

### Majestic Rolling Sands 60min | R500

Experience a deeply relaxing massage with rolling invigorating arm movement over your complete body. The fragrant massage oil will calm your senses and leave your body nourished, hydrated and deeply relaxed.

*A place to unwind  
and rejuvenate body,  
soul and mind...*

### African Deep Scalp Exfoliation 30min | R350

The African Head Massage is sheer relaxation. Fragrant botanical oils are gently poured over the forehead and then massaged into the scalp and neck. This treatment takes you on a journey of deep relaxation and will leave your scalp refreshed and invigorated and your mind cleared.

### Balancing Soul 60min | R500

A balancing massage treatment which assists in relieving tension in the scalp and feet, as well as working on calming and relaxing pressure points to restore energy balance. Perfect for frequent flyers and to reduce swelling and water retention in the feet.

### African River Stone Full Body 75min | R600

This ancient body treatment uses the therapeutic heat from stones that are slowly released into the muscle for a deeply relaxing, destressing experience. Small, warm stones are placed on your back while warm, luxurious oils are massaged deeply into the body for a deep relaxation experience.

## HANDS & FEET

### Tsamma Hand Treatment | 60 min

Refresh and unwind with the delicate aroma of Tsamma (indigenous Kalahari watermelon) and the infused fragrance of fresh, wild grasses. Relax and welcome the feeling of richly-nourished and moisturised hands and nails. Experience the lavish feeling of a relaxing sugar buff and massage oil, which polishes the skin and leaves them feeling ultra-nourished and hydrated. Nail paint or standard buff and shine included.

**R350**

### Calabash Foot Treatment | 60min

Sink into deep relaxation with an unforgettable foot and leg massage. This experience combines salt from the Kalahari Desert salt pans and Aromatic Fragrant oils to soothe tired, aching feet. Nail paint or standard buff and shine included.

**R350**

### Standard Nail Paint | 30min

Breathe new life into your hands and feet with dedicated attention. This treatment includes file and buff, as well as optional nail or French paint.

**R150**

### Deluxe Mask Add-On | 15min

Upgrade your hand or foot treatment with an African Mask or Heated Paraffin Mask for a full rejuvenation and refreshed experience.

**R70**

## THERAPEUTIC FACE TREATMENTS

### African Lipid Rich Skin | 45min

Hydrate even the most dry and dehydrated skin with natural lipids from African Shea butter, Jojoba oil and Rosemary oil. This treatment leaves the skin deeply moisturised and repairs the natural skin barrier; bringing life back to dry, dull skin. Suitable for all skin conditions, excluding oily and acne-prone skin.

**R400**

### Charcoal Detox | 60min

This Skin Detox Treatment will effectively detoxify and deep cleanse a congested skin, leaving it purified and de-textured. The clarifying ingredients, such as charcoal and salicylic acid, will benefit all skin conditions.

**R450**

### Phytic Clay | 60min

The Phytic Clay Treatment Mask is a pro-active treatment that contains Mandelic, Glycolic acid and Phytic acid derived from Soybean extract. The treatment mask effectively targets hyperpigmentation, de-ageing and rejuvenation of the skin leaving it visibly brightened and rejuvenated. Not suitable for sensitive skin conditions.

**R450**

### Baobab Tree | 75min

This is an ultra-firming, anti-ageing treatment, rich in natural, organic vitamin C and essential antioxidants. Extracted directly from the African Baobab fruit, our vitamin C boosts collagen and elastin regeneration, making your skin appear visibly firmed, brightened and tightened. Suitable for all skin conditions. Includes scalp massage.

**R550**



## TERMS AND CONDITIONS

- \* To book, visit or call Kagga Kamma Reception
- \* Please arrive ten minutes before your treatment
- \* Kagga Kamma is compliant with Covid 19 health and safety protocols. Screening will be done before treatment.

## CANCELLATION POLICY

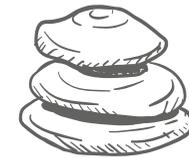
Cancellations must be done no later than four hours before your appointment. Failure to do so will result in the guest being liable for full payment.

## CONTRA-INDICATIONS FOR MASSAGE

High / Low Blood Pressure | Cancer | Epilepsy | Osteoporosis | Slipped Discs | Varicose Veins (Full Body) | Fever / Infections or Disease | Recent Operations Affecting the Treatment Area | Pregnancy

## CONTRA-INDICATIONS FOR MANICURES AND PEDICURES

Nail Fungus | Black Nails | Foot / Hand Sores (open) | Foot Fungus | Rheumatism | Arthritis



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Web: <https://www.kaggakamma.co.za/spa.php>

Bookings: At Reception

Operating Hours: 08:00 – 17:00

Daily or by appointment for after-hour arrangements

Address: R303, Koues Bokkeveld / Cederberg / 6836

GPS Location: Latitude: 32° 44' 49.68" S

Longitude: 19° 33' 46.94" E



# Kagga Kamma Spa

## TREATMENTS

### TINT

Eyelash	R100
Brow	R100

### WAX

Bikini Line	R300
Underarm	R200
Full Leg	R350
Half Leg	R300
Lip	R80
Chin	R80
Brow	R150



**KAGGA KAMMA**  
— NATURE RESERVE —  
★★★★

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